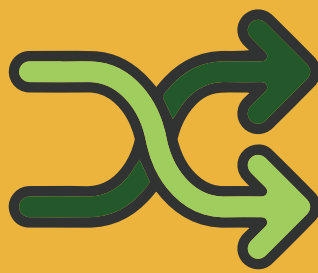


THE CYBER CHEAT SHEET



PHYSICAL SECURITY

Keeping your devices and data safe in real life – always have backups, encrypt data where you can, keep close to your tech & keep it out of sight, do not use public Wi-Fi, if you need to make sure you use a secure VPN, if you can't then use a device or phone hotspot. Always enable device tracking & lock your devices.



3 RANDOM WORDS

Create memorable pass phrases using 3 random words. [READ MORE HERE](#)

MULTI FACTOR AUTHENTICATION

Don't be afraid of Multi Factor Authentication (more commonly 2FA). Use it everywhere you can, but particularly for your Password Manager and your email accounts.



BE VIGILANT WHEN RECEIVING EMAILS



THINK REAL WORLD

Think about what the physical world is like for you - "you wouldn't...give your car keys to a stranger...leave your house unlocked..."



ATTACHMENTS

When sending emails question whether you need to send an attachment or could it be shared via securely configured cloud, is it even necessary to share the information, check the recipients you're sending to.



PASSWORD MANAGER

Use a secure Password Manager with MFA to create and protect all your online passwords and pass phrases.



DEVICE PROTECTION

Make sure you always action updates, re-boot when you're asked, actually shut down your machine each day, uninstall useless apps, never auto play a USB or CD.